TIPS FOR SUCCESS

At Westover High School, the courses of Principles of Biomedical Sciences, Human Body Systems, and Medical Interventions are rigorous.  Lab experiences, scientific inquiry, problem solving skills and knowledge of mathematics are used to emphasize these concepts.  This course also prepares students for advanced science courses that students may take. Students are responsible for knowledge acquired in each course that is a prerequisite to the course they are taking. It is recommended that students take PLTW Principles of Biomedical Sciences, PLTW Human Body Systems, and PLTW Medical Interventions, in that order. If a student has missed one of the prerequisite courses, they will need to make time to attend afterschool tutoring sessions with Mrs. Dewitt to ensure that they are prepared for the activities in the current class. **Students that are currently taking Human Body Systems, and have never had a class with Mrs. Dewitt will need to make additional time after school for tutoring. Because courses are rigorous and time is limited to finish course objectives, I do not have time during class to teach objectives that may have been missed in Principles of Biomedical Sciences.**

Students will need to study effectively.  Most of what we do in class involves critical thinking and higher level skills.  We will apply gained knowledge to various situations in a variety of ways.  I suggest that students read their notes, go over completed homework, and use other resources such as flashcards each night for a minimum of fifteen minutes.  Making and using flashcards is an effective way to study.  At the end of each unit, I will give out a study guide.  This study guide will cover the topics that we cover in class.  However, the study guide will not be the actual test questions that are one the exam. Missing work must be turned in before I give out the study guide. Any missing work will receive a zero.

**TIPS FOR SUCCESS**

1. **Turn in all classwork/homework assignments on the due date. Late assignments only earn partial credit.**
2. **Stay organized by using a daily planner to keep track of school work and staying current with your lab binder.**
3. **Attend school every day and complete all assignments. Participate. Ask questions in class; be an active learner.**
4. **Get at least 8 hours of sleep per night.  Lack of sleep has proven to increase fatigue during the school day and lower performance on mental tasks.**
5. **Set and make “study-time” at home.  Try and eliminate distractions during this time.**
6. **Study at least 15 minutes per night.  Use notes, homework, and notecards to study.**
7. **Log into LMS often.  A lot of questions can be answered by reading and re-reading the material.**
8. **Make flashcards of the notes and classroom examples.**
9. **Arrange with the teacher for additional help during office hours.**
10. **Form study groups with other students outside of school.**
11. **Have another person ask you quiz questions at home.**
12. **Use the Parent Portal.  Both parents and students should access the Parent Portal to monitor grades and progress.**
13. **Make a note of test dates.**

**Please keep the above tips for reference and return the bottom portion only.**

I have read and understand the previous document “Tips for Success.” I understand what my student will have to do to succeed in this course. I am aware that HBS students that have never taken a class with Mrs. Dewitt are highly encouraged to seek additional help via tutoring on Tuesdays and Thursdays.

Parent Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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